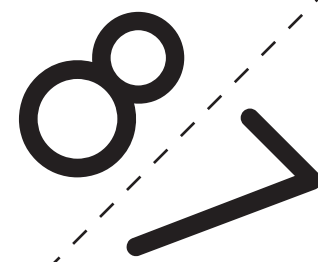
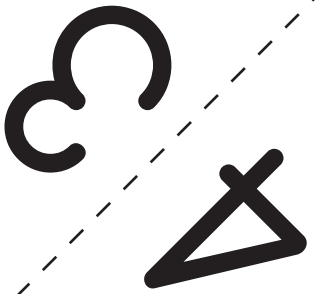
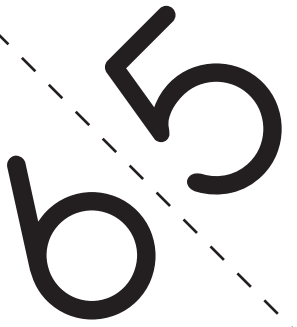
 GREEN Stress ball. Take a walk.	 YELLOW Drink water. Listen to music.
 PURPLE Write your feelings. Take deep breaths.	 ORANGE Take fresh air. Jumping jacks.